



Learning Week Series

Harvest Week



Special one week exploratory modules

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Harvest Week

Festivals bring jubilation to the spirit of celebrations in otherwise routine life of grown ups. The festivals are occasions to have fun and frolic, singing and dancing, relishing delicious gourmet food, meeting people and creating memories for life.

These are also occasions to rekindle the rituals, customs and traditions. As educators we can create multiple learning opportunities while having these celebrations. Through this specific learning week it is our endeavour to bring the festivities and the learning experiences together.

The module is spread over five weeks, one celebratory activity per day for kindergarten learners-age 3-6 years approximately.

These activities can be done at the beginning of the day or before dispersal. The experiences are divided into five segments covering:
what is this festival-origin,
why is it celebrated-reason,
who celebrates it-different communities
and how is it celebrated-music,food and decorations.

Day 1

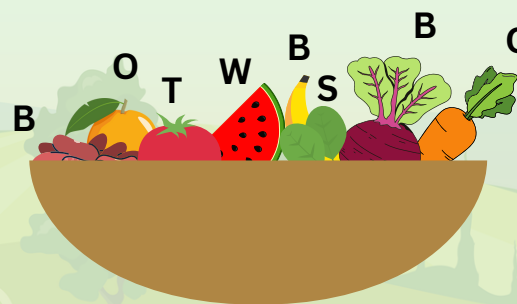
All about Harvesting

Materials Required	Description	Activity
<p>PreN Paints of different colours, corn cobs- baby corn and matured corn, plates to mix paint and cloth</p>	<p>Harvesting The teacher shares information about harvesting seasons, produce and process with the learners. All the food items we eat and flowers are grown on the farm. Farmers plant the crops at various times/seasons throughout the year worldwide. Once the crop is matured or fully ripened, farmers cut those crops and gather this is known as Harvest. And she explains the steps of harvesting that is - reaping, threshing, cleaning, and transporting.</p> <div data-bbox="533 1129 1167 1295" data-label="Image"> </div>	<p>PreN- Painting using corn cob Place baby corn and mature corn and ask the child to identify the completely grown corn. After identification, provide learners with pieces of corn. Ask them to dip in paint and scroll over the page to create different patterns.</p> <div data-bbox="1422 868 1859 1295" data-label="Image"> </div>

Day 1


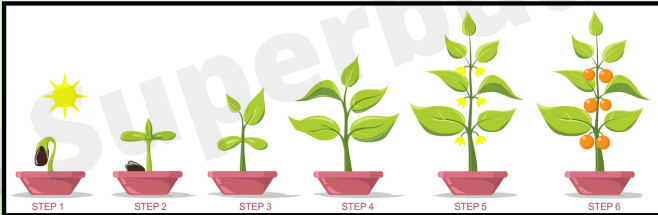
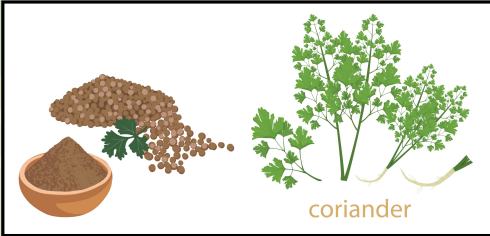
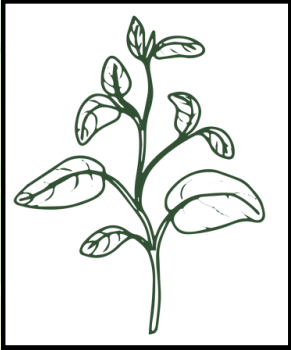
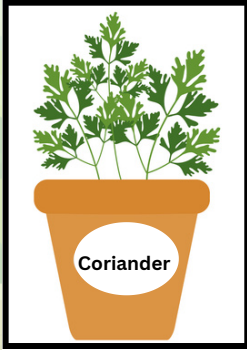
All about Harvesting



Materials Required	Description	Activity
<p>Nursery Cutouts of fruits, vegetables and cereals, glue, printout/illustration of a bowl on sheet to paste the cutouts.</p>	<p>After harvesting farmers rush to get to the market to sell their crop as soon as possible. So that crops can reach people while it is fresh.</p> <p>The shelf life of crops varies, some crops can be preserved throughout the year, some stay fresh for a month and some a few days.</p> <p>(Teacher can show some fresh and wilted fruits/vegetables/flower garlands to identify the difference.)</p> <p>Teacher gives examples of different crops grown throughout the year, specifying the duration required for different crops to grow and mature, such as a crop of wheat takes around 6 months to mature whereas a crop of potatoes grows within 2-3 months, and spinach field matures in almost a month.</p>	<p>Nursery: Creating a bowl of nourishment</p> <p>The teacher encourages children to create a bowl of nourishing food items. The learners pick the cutouts of items of their choice and paste these in the empty bowl.</p> <p>Once the bowl is ready, encourage the learners to write the beginning letter of the materials chosen by them such as Bb for bananas.</p> 

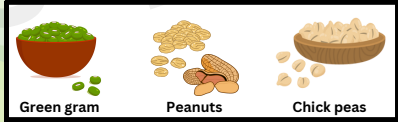
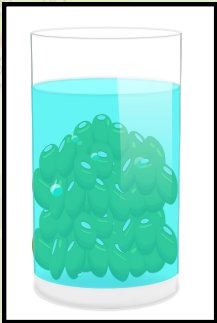
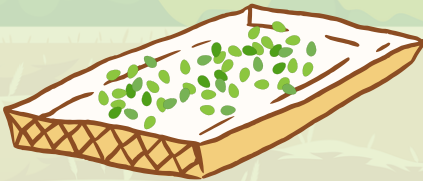
Day 1

All about Harvesting

Materials Required	Description	Activity
<p>KG Drawing sheets and materials to paint/colour.</p> 	<p>Then she talks about sprouts, a quick example of growth in 2-3 days. She shows some sample sprouted green gram, beans, and fenugreek seeds.</p> <p>The teacher shares with the learners the process of growth of a plant using aids like flash cards or a video related to this.</p>  	<p>KG: Sketching my imaginary plant</p> <p>The teacher shows the children some images of seeds and their plant, like coriander or fenugreek. Ask them to imagine if they take some seeds and grow a plant how would their imaginary plant look like. The teacher gives them three choices of seeds-wheat, fenugreek and chilly seeds.</p> <p>Once they are done with the final illustration the teacher shows them how the real life plant of their chosen seed looks like. She encourages the learners to observe and analyse the similarities and differences between both.</p>  

Day 1


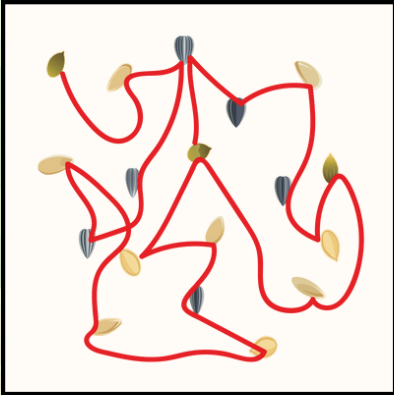
All about Harvesting

Materials Required	Description	Activity
<p><u>PreN, Nursery and KG</u></p> <p>Seeds, cotton, containers</p>	<p><u>This segment is for all three learning levels.</u></p> <p>At the end of the session of Day 1, the teacher guides learners to start working on germinating sprouts of three kinds of seeds.</p> <p>Such as green gram for PreN, peanuts for Nursery and chickpeas for KG.</p> <div data-bbox="562 1007 958 1129" data-label="Image">  </div>	<p>The teacher guides the learners to wash the seeds in water 2 times and soak them in a container made of clay, glass or plastic.</p> <p>The teacher labels the container with the name of the learner and the type of the seed sown.</p> <p>Next day the water is removed from the container and the seeds are spread on a bed of soft moist cotton.</p> <p>This is done till day four till the seeds sprout and leaves appear.</p> <p>This continues alongside the other activities planned for the learning week.</p> <p><i>You can follow this link for the complete process of growing microgreens:</i></p> <p><i>https://www.superbuddy.in/superbuddy-quest-of-the-day-microgreens</i></p> <div data-bbox="1182 1110 1397 1433" data-label="Image">  </div> <div data-bbox="1581 1241 2002 1422" data-label="Image">  </div>

Day 2

Decorations



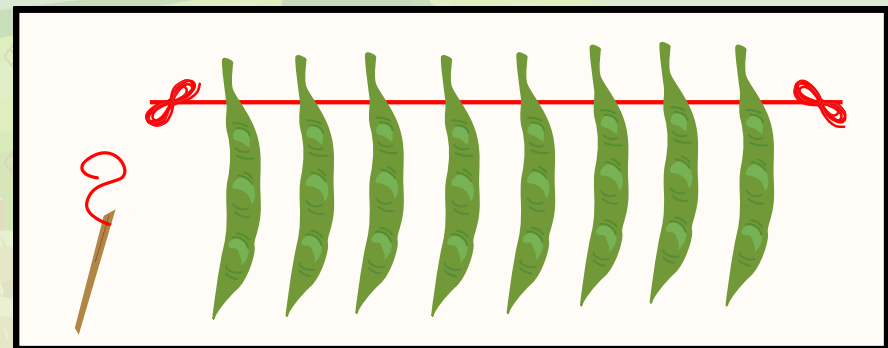
Materials Required	Description	Activity
<p>PreN Illustrations of animals, birds and flowers outline, variety of seeds and legumes, tweezers to pick and glue to paste.</p> <p>Nursery Paper, seeds (watermelon, muskmelon, pumpkin and sunflower), glue and colour pens.</p>	<p>Art showcases the growth and evolution of civilised societies and has been an important part of celebrations in the form of decoration of important festivals and events.</p> <p>The children create art works to decorate the school premise for the celebration of the Harvest Week.</p>	<p>PreN- Seeds Art Invite children to pick any illustration of their choice. Decorate it using colourful legumes. Once the art work is completed ask them to count how many colours have they used in their artwork.</p>  <p>Nursery- Web art using seeds The teacher provides the learners with the materials and invites them to create web art. She demonstrates the process by creating a sample following the below given strategy: Place the colourful seeds in a random pattern on the white sheet. Paste them. Once the seeds have dried and are pasted well, connect the seeds by drawing lines, creating a web of seeds. Once this is done, count the total number of seeds used in creating the artwork.</p> 

Day 2

Decorations





Materials Required	Description	Activity
<p>KG Basket, peas, cabbage, coconut stick and thread.</p>	<p>Once the decorations are ready, these are displayed in common areas of the school for everyone to see and appreciate.</p>	<p>KG: Making Natural Streamers with leaves</p> <p>The teacher helps children make the streamers using the given strategy:</p> <p>Organise a basket full of fresh peas and separated cabbage leaves.</p> <p>Prepare the needle using coconut leaf stick and tie thread at the one end.</p> <p>Lace 8-10 pea shells or cabbage leaves using natural needles and thread.</p> <p>Once done, fasten both ends of the streamer to secure.</p> <p>Help the learners count how many total streamers each one created with the number of shells and leaves used.</p>



Day 3






Festivals associated with Harvesting around the world

Materials Required	Description	Activity
<p>PreN Letter cut outs of the English alphabet, a bag full of hay, grains or nuts.</p> 	<p>Harvest is celebrated in different parts of the world in different ways to thank nature or God for a bountiful and safe harvest at different times of the year with different names.</p> <p>People sing, pray and perform religious rituals to celebrate. There are five popular harvest festivals in the world:</p> <p>Rice harvest in Indonesia- May and June months. Mid autumn festival or moon festival in China, Taiwan and Vietnam -September/October. Yam festival celebrated by people of Ghana- August/September months. The festival of Sukkot is celebrated in Israel during the months of September and October.</p>	<p>PreN: Harvest letters game The teacher organises this sensory bin game for learners following the below strategy.</p> <p>Fill the basket with ground nuts/grains or any other dry item like husk and hide letters of the English alphabet in it.</p> <p>Sing a harvest song with the learners, stop suddenly in between and ask the learner to dip his/her hand in the bin and pick up a letter. Encourage the learner to identify the letter and say its name and sound.</p> <p>Ask the larger group to think of a word related to the harvest and say it.</p> <p>B-baisakhi, O-onam, M-Moon festival, T-tractor, S-spade or seed, C-crop, G-grow, P-plough, F-field and so on!</p> 

Day 3





Festivals associated with Harvesting around the world

Materials Required	Description	Activity
<p>Nursery Items and materials related to harvest such as tools and equipment used by farmers for farming.</p> <p>KG Drawing sheet and colours</p> 	<p>However the greatest and the largest celebrations happen in India in 18 popular ways across the subcontinent.</p> <p>Baisakhi, Bihu, Makar Sankranti, Pongal, Nuakhai, Onam, Gudi Padwa, Wangala and Nabanna.</p>	<p>Nursery: Show and Tell The teacher organises a Show and Tell activity for grade Nursery learners. She invites children to pick any item from the displayed materials on the Harvest Table and share their knowledge about it with everyone in the class.</p>  <p>KG: Gratitude card for farmers The teacher invites learners to prepare a greeting card for farmers. She throws some ideas at them for inspiration such as, what would the world be like if there were no farmers, or what would you like to offer farmers as a return gift for their contribution! She asks the learners to draw and colour what comes to their mind when they hear the word 'Harvest'. Once done she asks them to inscribe a message for the farmers in the card.</p> 

Day 4

Act like a farmer- Games

Materials Required	Description	Activity
<p>PreN Multi colour balls and baskets.</p> 	<p>Harvesting festivals are celebrated with great enthusiasm in different parts of the world.</p> <p>Fairs are organised with fresh produce, music and other entertaining activities for people to have a joyful experience.</p> <p>On day four of the learning week some athletic games are organised for all learning levels.</p>	<p>PreN: Pick your harvest The teacher organises the game following the given strategy.</p> <p>Spread a variety of colourful balls on the floor.</p> <p>Ask a pair of learners to select one colour that represents their harvest and pick the same colour balls, add as many as possible to the basket in one minute.</p> <p>Count the total number of balls and record it on the board. Ask the participants to name their crop as well, such as potatoes, apples, sugar canes and so on.</p> <p>And the game continues with the next pair of children.</p> <p>The pair that collects the highest number of balls are the champion farmers!</p> 

Day 4

Act like a farmer- Games




Materials Required	Description	Activity
<p>Nursery Bits and pieces of waste paper and pieces of cloth</p>	<p>Harvest festivals are celebrated with great enthusiasm in different parts of the world. Fairs are organised with fresh produce, music and other entertaining activities for people to have a joyful experience. On day four of the learning week some athletic games are organised for all learning levels.</p>	<p>Nursery: Ploughing the land The teacher organises the following activity for learners using the given strategy.</p> <p>Spread bits and pieces of papers on the classroom floor. Use a piece of cloth to till the land, sweep the floor in a straight line and drag the pieces of paper along. The participants work in pairs and ploughs the field only in linear tracks. Record how much time each pair spends in ploughing the field, the one with the shortest span is the pair of champion farmers.</p> <div data-bbox="1312 935 1877 1394" data-label="Image"> </div>

Day 4


Act like a farmer- Games



Materials Required	Description	Activity
KG	<p>Harvest festivals are celebrated with great enthusiasm in different parts of the world.</p> <p>Fairs are organised with fresh produce, music and other entertaining activities for people to have a joyful experience.</p> <p>On day four of the learning week some athletic games are organised for all learning levels.</p>	<p>KG: Wheelbarrow race</p> <p>The teacher asks the learners to select their partners.</p> <p>One child becomes the wheelbarrow and places his/her hands on the floor. The other child becomes the driver and holds the legs of the child who is wheelbarrow in the air.</p> <p>The wheelbarrow walks on his/her hands and the driver supports his/her legs and drives to the finishing line.</p> <p>The pair that reaches the other end fastest are the champions.</p> 

Day 5

Harvest Special- Sprouts Salad

Materials Required	Description	Activity
<p>Green gram, groundnut, chickpeas sprouts, lemon, onion, tomatoes, cucumber and vegetables.</p>	<p>By day 5 the seeds/grains/legumes planted by the three levels would have sprouted. Collect all the sprouts from all groups- Green gram, groundnut and chickpeas sprouts. Mix all three and redistribute it to all groups for the cooking activity.</p>	<p>The following recipe can be used to prepare the sprouts salad. Wash the sprouts and mix in a bowl. Add chopped onion, tomatoes and other vegetables of choice. Sprinkle salt, pepper and give it a good mix. Lastly add a spoon of lemon juice and serve fresh.</p> 



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