



Learning Week Series

Mothers Week



Special one week exploratory modules

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Mothers Week

Festivals and special events bring jubilation to the spirit of celebrations in otherwise routine life of grown ups. These are occasions to have fun and frolic, sing and dance, relish delicious gourmet food, meet people and create memories for life.

These are also occasions to rekindle the rituals, customs and traditions. As educators we can create multiple learning opportunities while having these celebrations.

Through this specific learning week it is our endeavour to bring the festivities and the learning experiences together.



The module is spread over five weeks, one celebratory activity per day for kindergarten learners-age 3-6 years approximately.

These activities can be done at the beginning of the day or before dispersal. The experiences are divided into five segments covering:
what is this festival/occasion-origin,
why is it celebrated-reason,
who celebrates it-different communities
and how is it celebrated-music, food and decorations.

Day 1

Why is Mother's Day celebrated

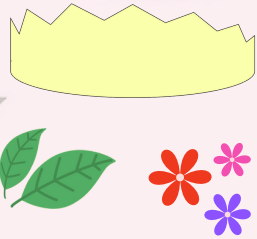
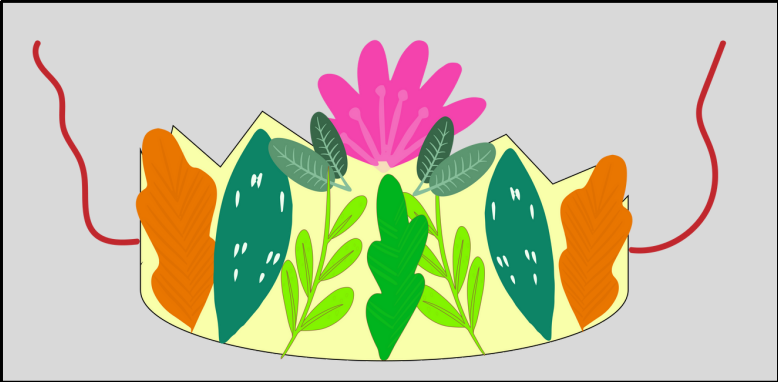


Materials Required	Learning Domain	Activity
<p>PreN Paper strips, glue, leaves, flower petals and thread</p> 	<p>Mother's Day is an annual event celebrated every year to honour and respect mothers. This day is marked to acknowledge and celebrate the role of mothers in our lives. It is celebrated every year on different dates in various countries all across the world. In India, it is celebrated every year on the second Sunday of the month of May.</p> <p>She briefs children about the origin of this celebration with the help of these facts. The Greeks and Romans celebrated the mother Goddesses to celebrate motherhood by holding special festivals in the ancient world. However in the modern world it can be traced to christian festival-Mothering Sunday, when christians would return to their mother church for a special service.</p>	<p>PreN Making a bracelet for mom with natural loose parts</p> <p>Provide a wide colourful rectangular paper strip. Stick pieces of thread at both ends to tie. Paste leaves, flower petals on the paper surface, and let it dry.</p> <p>Engage children in exploring the shapes and colours of materials used in making the bracelet.</p> <p>Send these back home for the mothers as a token of love from children to wish Mother's day.</p> 

Day 1

Why is Mother's Day celebrated

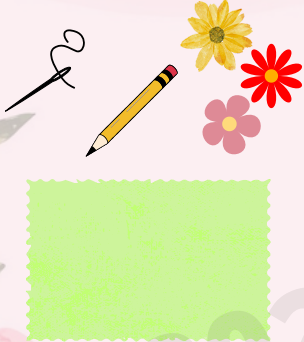



Materials Required	Learning Domain	Activity
<p>Nursery Crown shape paper cutout, leaves, flowers, thread and glue</p> 	<p>In the more recent past this tradition has become more secular and popular with children wishing their mothers with flowers and gifts since the 1930-40's.</p>	<p>Nursery Making a head crown for mom using leaves and flowers</p> <p>Provide crown shape paper cut out and affix a thread at the both ends. Segregate the assorted leaves and flower petals in the categories of size, shape and colour shade. Invite them to decorate the crown stencil with leaves and flowers in a pattern of their choice. Once done, keep it to dry.</p> <p>Ask children to count how many leaves and flowers they have used in decorating the crown.</p> <p>Once done, ask learners to give this to their Mother.</p> 

Day 1

Why is Mother's Day celebrated






Materials Required	Learning Domain	Activity
<p>KG Flowers, string/wire, thick needle and paper & pencil to write</p> 	<p>The teacher begins the conversation by asking children to speak about their mother, with the help of questions like, what is special about their mother? Why does she perform multiple roles for her family? How can you make her feel happy? What would you like to do to express your thanks?</p>	<p>KG Making a flowers garland for mom</p> <p>Have a 24 inch thread with needle ready for the learners to string the flowers. If you are using wire then it can be directly passed through the centre of the flower. Keep adding the flowers till the circlet is complete. Tie the wire/thread into a knot once the flowers are in place. Gift this to your mother as a token of love and gratitude. Help the learners count the number of the flowers used in the garland. And decompose the number value into tens and ones.</p> <div data-bbox="1198 986 1930 1481" style="text-align: center;">  <p>Happy Mother's Day</p> </div>

Day 2

Mothers and Babies in Stories






Materials Required	Learning Domain	Activity
<p>PreN Picture sequence cards of the story- Jack and the Beanstalk</p> 	<p>The three stories of relevance are enacted by teacher/s for different learning levels.</p> <p>PreN- Jack and the Beanstalk</p> 	<p>PreN Have a conversation around the plot with students.</p> <p>What did Jack’s mother give him to sell? Where did he reach after climbing the beanstalk? Which all things he picked from the giant's house? Was it alright for him to take these things from the giant’s house without permission? What do you think Jack’s mother said once she found out about the articles?</p> 

Day 2

Mothers and Babies in Stories

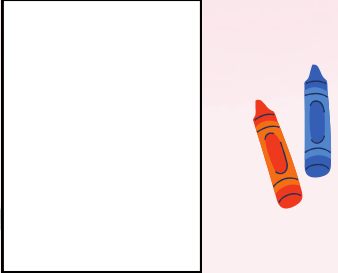




Materials Required	Learning Domain	Activity
<p>Nursery Story enactment with props and costumes</p> 	<p>Nursery- The Honest Cow</p> 	<p>Nursery Post enactment, have a conversation about the story.</p> <p>Do you think animals also share emotions like us? Have you observed an animal mom and child bond? How do you feel about it? How can we create a healthy and happy environment for our fellow beings, making all species (mothers and babies of animals and birds) live in harmony.</p> 

Day 2

Mothers and Babies in Stories

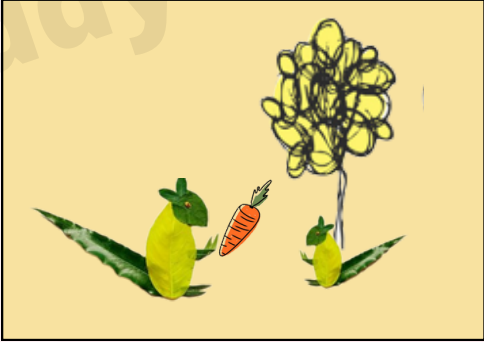
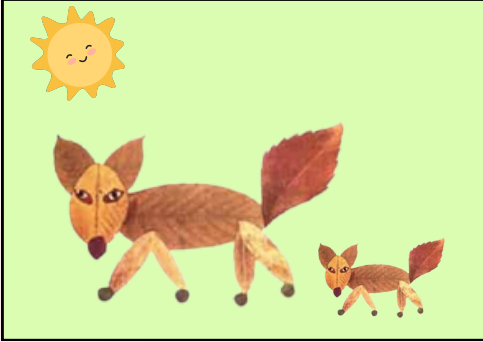



Materials Required	Learning Domain	Activity
<p>KG Paper and paints/crayons</p> 	<p>KG- Constructing and narrating a story</p>	<p>KG Constructing a story</p> <p>Provide children with some cues to think of a story from their life, extracting experiences from their daily routine. What is their favourite activity to do with their mother? Where would they like to go with their mother? Which is their most cherished memory? Why?</p> <p>Invite them to draw these on a sheet of paper, colour it and narrate the story to everyone.</p>  

Day 3

Emotional and Social Explorations

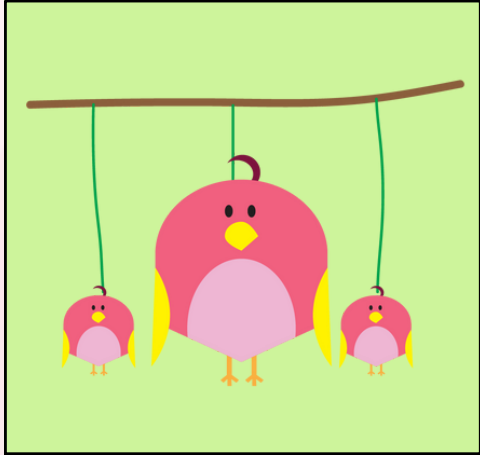
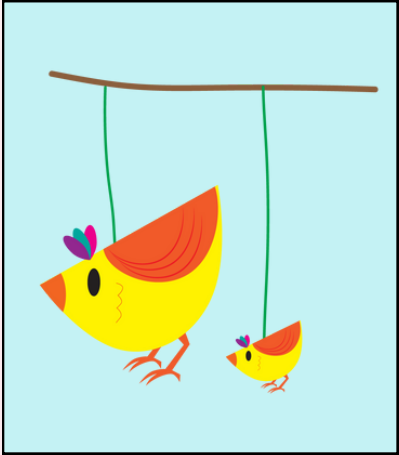


Materials Required	Learning Domain	Activity
<p>PreN Paper, green and dry leaves, glue and colours</p>	<p>Teacher shows some pictures from the lives of animals, birds and with their family. She invites children to share their observations about these with the help of some probing questions like; Do you find any similarities between the animals and their babies? Is their relationship like yours with their mothers? Do the animals care for and raise their babies like humans? Which is your favourite animal mom and baby duo?</p>	<p>PreN Creating pet animals and their babies using natural loose parts.</p> <p>Ask children about their favourite pet animal with its baby and create its model using green and dry leaves on a paper sheet. Also colour it and give names to the mother and baby.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <div style="text-align: center; margin-top: 20px;">  </div>

Day 3

Emotional and Social Explorations





Materials Required	Learning Domain	Activity
<p>Nursery Different shapes paper cutouts (strips, ovals, circles) thin stick, thread and glue.</p>	<p>All animal and bird species have similarities, that's why they are easily identifiable and are called family.</p> <p>Have you heard someone telling you, you look like your mom, or you have a nose like your mom and eyes like dad? Or have you taken after your grandma? Or something like you have acquired this mannerism of your mother?</p> <p>After the conversation, the teacher offers children materials to make crafts.</p>	<p>Nursery Hanging Birds Craft</p> <p>Make different shapes, colours, paper cutouts like oval, circle, triangle and rectangle paper strips available to the learners. Assist them to make a bird using paper cutouts- a mother and baby bird.</p> <p>Punch holes to pass thread and make hangers, insert the hangers in a stick and make a hanging mother and baby bird craft.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>

Day 3

Emotional and Social Explorations

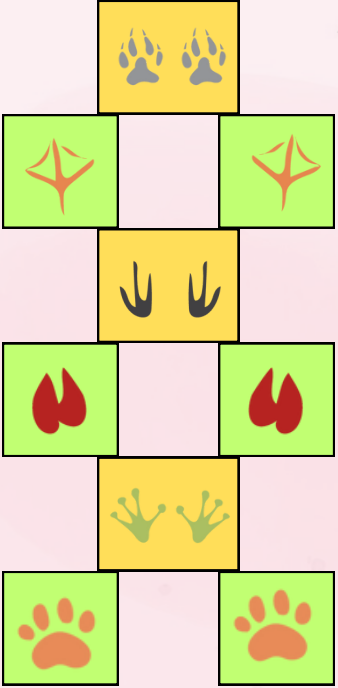


Materials Required	Learning Domain	Activity
<p>KG Sea animal chart/flashcards or cutouts from books and magazines, paper, paints, paper strips and glue.</p>	<p>All animal and bird species have similarities, that's why they are easily identifiable and are called family. Have you heard someone telling you, you look like your mom, or you have a nose like your mom and eyes like dad? Or have you taken after your grandma? Or something like you have acquired this mannerism of your mother?</p> <p>After the conversation, the teacher offers children materials to make crafts.</p>	<p>KG Making sea animals mother and babies craft</p> <p>Ask children to name some marine mothers with their babies and how they live. Bring to their notice how these marine mothers raise their babies like humans such as Walruses, sea Otters and some Whale species. Guide them to make the hand print art showing sea mothers with their babies.</p> <p>Assist them to dip their hands/feet in paint, mark its imprint on the sheet, add features and create any one sea animal with its baby. Add features to the print using crayons, pencil colours, paper strips and loose parts.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>

Day 4

Athletic activities-Mothers and Babies




Materials Required	Learning Domain	Activity
<p>PreN Animal/birds chart, animal and birds footprint cutouts.</p>	<p>The teachers organise these gross motor activities for all learning levels.</p> <p>The teacher initiates the conversation with children with the help of following leading questions: What do you remember of your days when you were a baby? Could you walk on your own? Have you seen a mother carrying a baby in her arms? What about mothers of other species, do they also carry their babies in arms or in some other ways? How does a calf know to stand soon after its birth? How is it that a baby bird learns to fly after growing wings? With the help of this conversation the group co-constructs information about the role mothers play in helping their young ones acquire life skills such as walking, flying, preying and hunting.</p>	<p>PreN Animal Foot print Hopscotch</p> <p>With the below preparation and strategy the teacher organises hopscotch activity for children.</p> <p>Prepare some animal and bird foot print cut outs and arrange in the hopscotch box such as footprints of elephants, ducks, dogs or horses. Show footprints of different animals and birds to the learners.</p> <p>Invite children to hop on the footprints as guided by the teacher such as cross it by stepping on only the claws of the eagle, or paws of the dog and so on.</p> <div data-bbox="1137 1193 1644 1441" style="border: 1px solid black; padding: 5px; margin: 10px 0;"> </div> 

Day 4

Athletic activities-Mothers and Babies

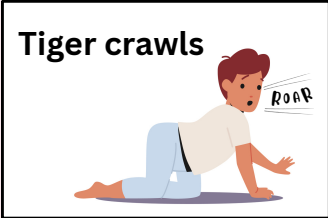
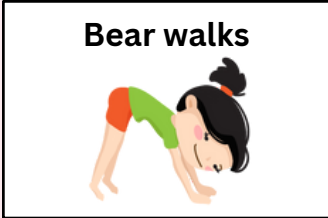




Materials Required	Learning Domain	Activity
<p>Nursery Grapes</p>	<p>The teacher brings to the children's notice that chicks are fed by their parents. The bird carries pieces of food in their beak and feeds the chick who is waiting in the nest for food. She invites children to fly like a bird with a grape in their mouth and run to complete the race.</p>	<p>Nursery Feed the chick race</p> <p>Draw 4 tracks and place grapes in bowls, one bowl for each participant at the starting point.</p> <p>The participant picks one grape from the bowl or plate in its mouth without using hands and flies to the finishing line where the chick is waiting for the meal.</p> <p>The participants drop the grape on the plate at the finishing line.</p> 

Day 4

Athletic activities-Mothers and Babies



Materials Required	Learning Domain	Activity
<p>KG Animal/bird flashcard</p>	<p>The teacher shows the participants flashcards of animals and their babies walking in their natural gait. Such as bunnies hopping, elephants stomping and more. Here are some examples of these walks: Tiger crawls Crawl on your hands and knees, accompany it with the roaring sound.! Bear walks Lean forwards and put your hands on the floor. Walk forward with your right hand and right foot at the same time, followed by your left hand and left foot at the same time. Try with your opposite hand and foot. Crab walks Start by sitting on the floor, place your hands behind you and lift your bottom off the floor. Move around in all different directions. Duck walks Put your hands on your hips, squat down and walk around quacking like a duck.</p>	<p>KG Animals Walk Race</p> <p>After demonstrating a few of the animal walks, the teacher invites children for the animal walk race. She asks children to participate in pairs-mothers and babies. The twist is that in the pair one participant is the mother and the other baby. They are allotted a specific animal's walk and sound to imitate. The entire group is divided into pairs and smaller groups. They walk and make sound of the animal assigned to the group and reach the finishing line together with their partner.</p> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="border: 1px solid black; padding: 5px; width: 45%; text-align: center;"> <p>Tiger crawls</p>  </div> <div style="border: 1px solid black; padding: 5px; width: 45%; text-align: center;"> <p>Bear walks</p>  </div> </div> <div style="display: flex; justify-content: space-around; align-items: flex-start; margin-top: 20px;"> <div style="border: 1px solid black; padding: 5px; width: 45%; text-align: center;"> <p>Crab walks</p>  </div> <div style="border: 1px solid black; padding: 5px; width: 45%; text-align: center;"> <p>Duck walks</p>  </div> </div>

Day 5

Special food for Mother's Day



Materials Required	Learning Domain	Activity
<p>Puffed rice, onion, carrot, tomato, cucumber, grated mango, coriander leaves, lemon juice, salt and pepper to season.</p>	<p>It is our suggestion that this mothers day let's encourage children to choose vegetarian food over animal meat, and respect mothers and babies of other species. This is good for our planet Earth and all living species. Here's a recipe for a snack that is vegan, healthy and delicious.</p> <p><i>The children prepare it, eat together and sing Mother's Day songs such as this one:</i></p> <p><i>Mom, mama, momsy, mother There is like you no other. I say thank you for all you do Your love and your care is so true. I may be happy or may be sad, Your hugs always make me glad!</i></p> <p>For more such rhymes click at the link: https://www.superbuddy.in/copy-of-parenting-resources</p> <p>Note: The teacher makes sure that no child is allergic to the ingredients being used for this activity.</p>	<p>Recipe of Mango Bhelपुरi:</p> <p>Put puffed rice in a bowl, add all other ingredients and give it a good mix. Make a cone using plain paper to serve, add the mixture to it and relish it with a paper spoon instead of plastic cutlery! Mango bhelपुरi is ready.</p> <p>Encourage the learners to try the same recipe at home and serve it to your mother.</p> <div data-bbox="1482 1034 1989 1391" data-label="Image"> </div>

Story- Jack and the Beanstalk

Once upon a time there was a boy called Jack. He lived with his mother. They were very poor. All they had was a cow. One morning, Jack's mother told Jack to take their cow to market and sell her. On the way, Jack met a man. He gave Jack some magic beans for the cow. Jack took the beans and went back home. When Jack's mother saw the beans she was very angry. She threw the beans out of the window. The next morning, Jack looked out of the window. There was a giant beanstalk. He went outside and started to climb the beanstalk. He climbed up to the sky through the clouds. Jack saw a beautiful castle. He went inside. Jack heard a voice. 'Fee, fi, fo, fum!' Jack ran into a cupboard. An enormous giant came into the room and sat down. On the table there was a hen and a golden harp. 'Lay!' said the giant. The hen laid an egg. It was made of gold. 'Sing!' said the giant. The harp began to sing. Soon the giant was asleep. Jack jumped out of the cupboard. He took the hen and the harp. Suddenly, the harp sang, 'Help, master!' The giant woke up and shouted, 'Fee, fi, fo, fum!' Jack ran and started climbing down the beanstalk. The giant came down after him. Jack shouted, 'Mother! Help!' Jack's mother took an axe and chopped down the beanstalk. The giant fell and crashed to the ground. Nobody ever saw him again. With the golden eggs and the magic harp, Jack and his mother lived happily ever after.

Story- The Honest Cow

Punyakoti was a cow. She had a calf. His name was chenna. One day punyakoti was returning home from the forest. There was a tiger. He had been hungry for a week. He wanted to eat the cow.

Punyakoti said:“You can eat me, if you like. But let's go home , first . I shall see my Chenna. Then I shall come back.

The tiger laughed. He said : “No, no. I am very hungry. I want to eat you now. Once you see your child , you may not come back.”

The cow said :”I promise, in the name of god. I shall come back. The tiger agreed. “The cow went back home. She fed her child. Then she said :“I am going away, my son. You will be an orphan soon. Remember this my son: always come back. Home in time.”

Chenna was sad. He cried and cried. He said: “must you go away, Amma? Must you die at all? Why must I be an orphan? Where shall I find milk, Amma? Who shall ever have a good time?”

Punyakoti told the fellow cows:“Look after my chenna , please be always good to him. Always good to him. Do not attack him if he walks before you. Do not attack him if he comes behind you. He is an orphan now.” Saying this, Punyakoti went back to the tiger. She said: “You can kill me now, O tiger. You can tear my muscles. You can drink my blood , if you like”. The tiger listened to Punyakoti. He was moved to tears. The cow was honest . She had kept her promise. The tiger said : “You are an honest cow. God would hate me if I ate you. I am sorry, my sister.” saying this the tiger jumped into the valley and disappeared.



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