



Learning Week Series

Fathers Week



Special one week exploratory modules

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Fathers Week

Festivals and special events bring jubilation to the spirit of celebrations in otherwise routine life of grown ups. These are occasions to have fun and frolic, sing and dance, relish delicious gourmet food, meet people and create memories for life.

These are also occasions to rekindle the rituals, customs and traditions. As educators we can create multiple learning opportunities while having these celebrations.

Through this specific learning week it is our endeavour to bring the festivities and the learning experiences together.

The module is spread over five weeks, one celebratory activity per day for kindergarten learners-age 3-6 years approximately.

These activities can be done at the beginning of the day or before dispersal.

The experiences are divided into five segments covering:

what is this festival/occasion-origin,

why is it celebrated-reason,


who celebrates it-different communities

and how is it celebrated-music, food and decorations.

Day 1

Why is Father's Day celebrated




Materials Required	Description	Activity
<p>PreN Paper, paint and sketch pens.</p> 	<p>Father's Day is the day to celebrate and honour fathers.</p> <p>On July 5, 1908, a West Virginia church sponsored the nation's first event explicitly in honour of fathers, a Sunday sermon in memory of the 362 men who had died in the previous December's explosions at the Fairmont Coal Company mines in Monongah, but it was a one-time commemoration and not an annual holiday. The next year, a woman named Sonora Smart Dodd, one of six children raised by a widower, tried to establish an official equivalent to Mother's Day for male parents.</p>	<p>PreN Hand print Father's day card</p> <p>Help the learners prepare the card using the given strategy. On a white paper sheet, help the learner take the imprint of coloured palm and four fingers in one colour and the thumb in a different colour.</p> <p>Mark the impressions of both hands taking reference from the given craft illustration.</p> <p>Once the colours are dry, help the learners to draw facial features - eyes, ears, nose, mouth, moustache or beard. Inscribe 'Happy Father's Day' on the card with the learner's name or signature at the bottom.</p> <p>Once the craft activity is completed, move to the numeracy segment and ask them to count the total number of fingers and thumb prints they can see, the number of colours used in the craft and compare if the facial features of their dad are the same as others or not</p>

Day 1

Why is Father's Day celebrated

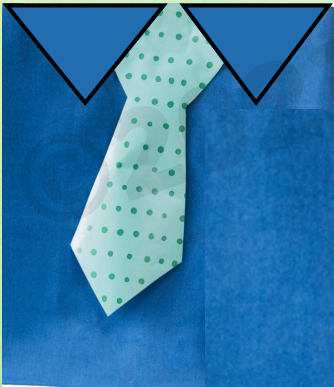


Materials Required	Description	Activity
<p>Nursery Two popsicle shaped paper cutouts, glue, paints, paint brush, google eyes and wool strings.</p> 	<p>Thanks to her efforts the first father's day was celebrated on June 19, 1910 in Washington state, which has now become a global celebration to recognise and appreciate the efforts and contribution of fathers in our lives.</p> <p>In current times it is celebrated every year on the third Sunday in June.</p> <p>The teacher shares this information with children before moving on to the next segment of the activity.</p>	<p>Nursery My cool dad-Father's Day Card</p> <p>Make two groups of learners - A and B. Provide two white paper popsicle cutouts to children. Show them to colour one paper cutout following the rainbow colour pattern as shown in the reference illustration. Dip paintbrush in water colour and draw strokes of seven colours following the below strategy for both groups.</p> <p>For group A- Draw strokes from left to right. For group B- Draw strokes from top to bottom.</p> <p>Alongside painting, ask them to keep the total count of the number of strokes each one is making.</p> <p>Once the base colour is dried, ask them to add facial features like ears, mouth, facial hair, paste googly eyes and wool strings as hair.</p> <p>Now on the second paper cutout, show them to scribe a message for their dad such as Dad, You are the best! Or Thank you dad for your love and care!</p> <p>This piece can further be decorated with emojis or some motif as per the child's imagination.</p> <p>When both parts of the card are prepared, paste the pieces against each other back to back with an ice cream stick placed in the centre like a popsicle.</p>

Day 1

Why is Father's Day celebrated





Materials Required	Description	Activity
<p>KG Two baskets, paper cutouts of rectangle shape and necktie figure, glue and sketch pens.</p> 	<p>From here she begins the conversation and invites children to speak about their father, with the help of questions such as; how do they address their father (dad, papa, daddy, pop)? Who gave this name to their father? How does he contribute to their lives and other family members? Is there anything unique about him that makes him special? How do they spend time together? If you were asked to describe your father in one word what would that be? What would you like to do to express your love and gratitude towards him?</p> <p>Moving forward she invites children for the planned activity. She proposes that they make father's day cards following how my father looks, a strand for all three learning levels.</p> <p>This special art is to be given to fathers on day 5 by the children.</p>	<p>KG My handsome dad-Father's day card Organise two baskets, one basket add rectangular paper cutouts in different colours, and in the second basket colourful cutouts of neckties. Invite children to pick one piece from each basket keeping in mind the colour combination of the shirt and necktie they would like their father to wear to make him look more handsome. Now ask the child to draw patterns like stripes, dots, flowers, checks or keep the shirt plain as per his/her creativity. Draw two downward triangles on the top edge of the sheet to show the shirt collars, and paste the neck tie between the collars. Before pasting the necktie encourage the learner to add some designer details to it as well. On the backside of the page help the child to write 'Happy Father's Day' or any other message of their choice. Ask the learners to name the shapes used in the craft, with the number of dots, lines, boxes, flowers they have used for the design of the apparel for their father.</p>

Day 2

Inspiring Contributors





Materials Required	Description	Activity
 <p>PreN Loose parts such as- Legos and blocks, cardboard boxes,</p>	<p>There are many model men who have gone beyond the traditional defined roles of men as fathers and contributed towards the human cause and development of mankind.</p> <p>We are taking the lives of three such exemplary men with their remarkable contribution in the domain of education reform, science and maths.</p> <p>PreN Friedrich Froebel- Father of Kindergarten</p> <p>A German educationist Friedrich Froebel contributed through his philosophy and reforms towards the scientific development of early childhood education. His publishings like the Mother Play and Nursery Songs, with ideas of play materials with their explanation and relevance became immensely popular.</p> <p>The term Kindergarten was devised by him which is now the synonym to early childhood. Based on Froebel’s principles Kindergartens were established all across Europe and America.</p>	<p>PreN</p> <p>The teacher begins the session with a question- what if there were no toys in the school, if there were no puzzles, no blocks, spheres and cubes or balls? Will playing and learning be the same inside the classroom?</p> <p>Based on the learners’ inputs the teacher introduces Friedrich Froebel and his contributions.</p> <p>Once done she displays a variety of loose parts and invites children to construct anything imaginative.</p> <p>She invites each child to come and present his/her work to the peers.</p> 

Day 2

Inspiring Contributors


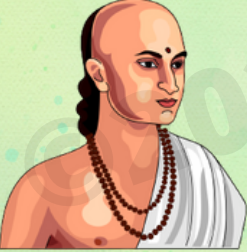

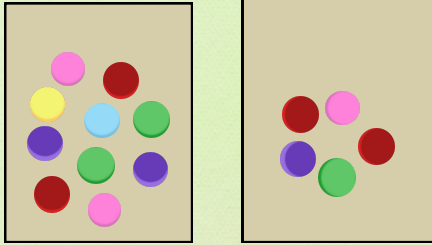


Materials Required	Description	Activity
 <p>Friedrich Froebel</p> <p>Nursery Fruits/sweets, articles like balls, blocks, leaves, basket and chalk.</p>	<p>His biggest contribution that is used worldwide is the circles, spheres and toys, which he called gifts for young learners are the educational play toys. He believed that children should have access to large media and materials to explore and learn such as clay, paper folding, wood work, paper cutting, sewing work and cooking activities.</p> <p>Nursery Aryabhata- the pioneer Indian Mathematician</p> <p>Aryabhata an Indian mathematician's contribution to formulate the first ten decimal places makes him great along with his many other works in the space of mathematics, astronomy and physics. He gave the world the number zero.</p>	 <p>Nursery</p> <p>The teacher distributes some fruits/sweets or anything edible to children (1-5 numbers only). She asks each of them to count and say the number of items received. Once done she asks children what if there were no numbers, how would we count? After establishing the existing knowledge of children she shows children how humans before there were no numbers counted.</p>

Day 2

Inspiring Contributors



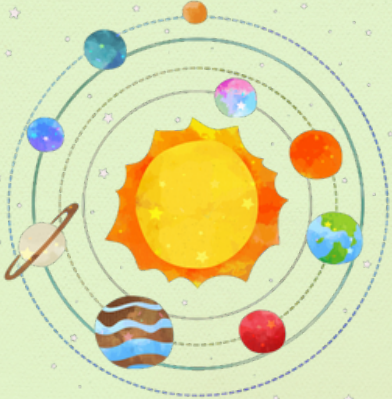



Materials Required	Description	Activity
<p>Nursery</p>   <p>Aryabhata</p>	<p>His contributions to modern science were made available in the 13th century when his work was translated into Latin.</p> <p>With this, European mathematics got to know about the ways of calculating areas of triangles, volumes of spheres, squares and cube roots.</p> <p>Considering that Aryabhata discovered many astronomy related facts 1500 and 1000 years before Copernicus and Galileo, he was a pioneer of these fields, much before the world knew of him.</p>	<p>She draws a few lines on the board and says that one line represents 1 and two lines represent 2.</p> <p>So they essentially counted animals and food items like we use our fingers to count numbers. But how to count articles which are more than 10 in number. She shows them a huge pile of articles with more than 20 in number value. Here she introduces Aryabhata and his contribution to number value. Now she invites children for a hands-on activity and gives them the task of counting.</p> <p>She keeps a large pile of articles such as balls, leaves or blocks, in a basket. She draws a number value grid on the floor and asks each child to count more than 10 and place the first ten number of articles in the first column of the grid and the remaining in the tens column of the grid.</p> <div style="text-align: center;">   <p>10 + 5 = 15</p> <p>Total number of balls</p> </div>

Day 2

Inspiring Contributors





Materials Required	Description	Activity
<p>KG Two empty tubes and two convex lenses for one telescope, Masking tape, scissors, brushes and paint to decorate the tubes.</p>  <p>Galileo Galilei</p>	<p>KG Galileo Galilei-Hero of Modern Science</p> <p>An eminent science enthusiast, Galileo, an Italian, contributed to the world of science in multiple domains, from astronomy to physics. His major work is towards motion, astronomy and strength of materials. His biggest contribution is towards the improvisation of spy-glass and inventing highly powerful telescopes that could study the heavens. Soon with the help of this telescope he studied the phases of the Moon and discovered four Moons revolving around the planet Jupiter. He is seen as the hero of modern science by many.</p>  	<p>KG Making a Telescope</p> <p>The session begins with a conversation around how certain equipment helps make our day to day life smooth. The teacher invites children to name a few such articles, like telephone, electricity, spectacles, motor vehicles and so on. She asks children which equipment or article helps them to see objects in the sky like the Moon and Stars. From here she speaks about Galileo and his contribution of a powerful telescope to the modern science of astronomy.</p>  <p>Telephone Grinder Spectacles</p> <p>Bulb Bike Telescope</p>

Day 2

Inspiring Contributors




Materials Required	Description	Activity
		<p>She invites children to make their own telescope and provides them the required materials.</p> <p>She shows them how to make it with the help of the given strategy and encourages them to construct their own.</p> <p>Steps:</p> <ol style="list-style-type: none"> 1. Choose one of your tubes to be the inner tube. Cut that tube lengthwise (all the way up the side). Wrap one edge of the cut side slightly over the other edge and hold it in place with one hand. 2. Insert the cut tube into the other paper towel tube. Let go of the inner tube so that it can expand inside the outer tube. If the inner tube is not sliding smoothly, remove it and wrap the edge slightly tighter. Then reinsert the inner tube into the other paper towel tube until it is just right. 3. Using masking tape, secure one of the lenses to the outer edge of the inner tube. The curve of the lens should be facing the inside of the tube. 4. Then secure the second lens to the outer edge of the second tube, with the curve of the lens pointing outside of the tube. It's okay if the lenses are bigger than the tube. Try to only tape around the rim of the lenses so it is not covered too much. 5. Place your eye against the lens of the inner tube. Aim your telescope at faraway animals or tall treetops (but never use a telescope to look at the sun). Focus by sliding the inner tube in and out until the image becomes clear. <p><i>This source is from Kids National Geographic.</i></p>

Day 3

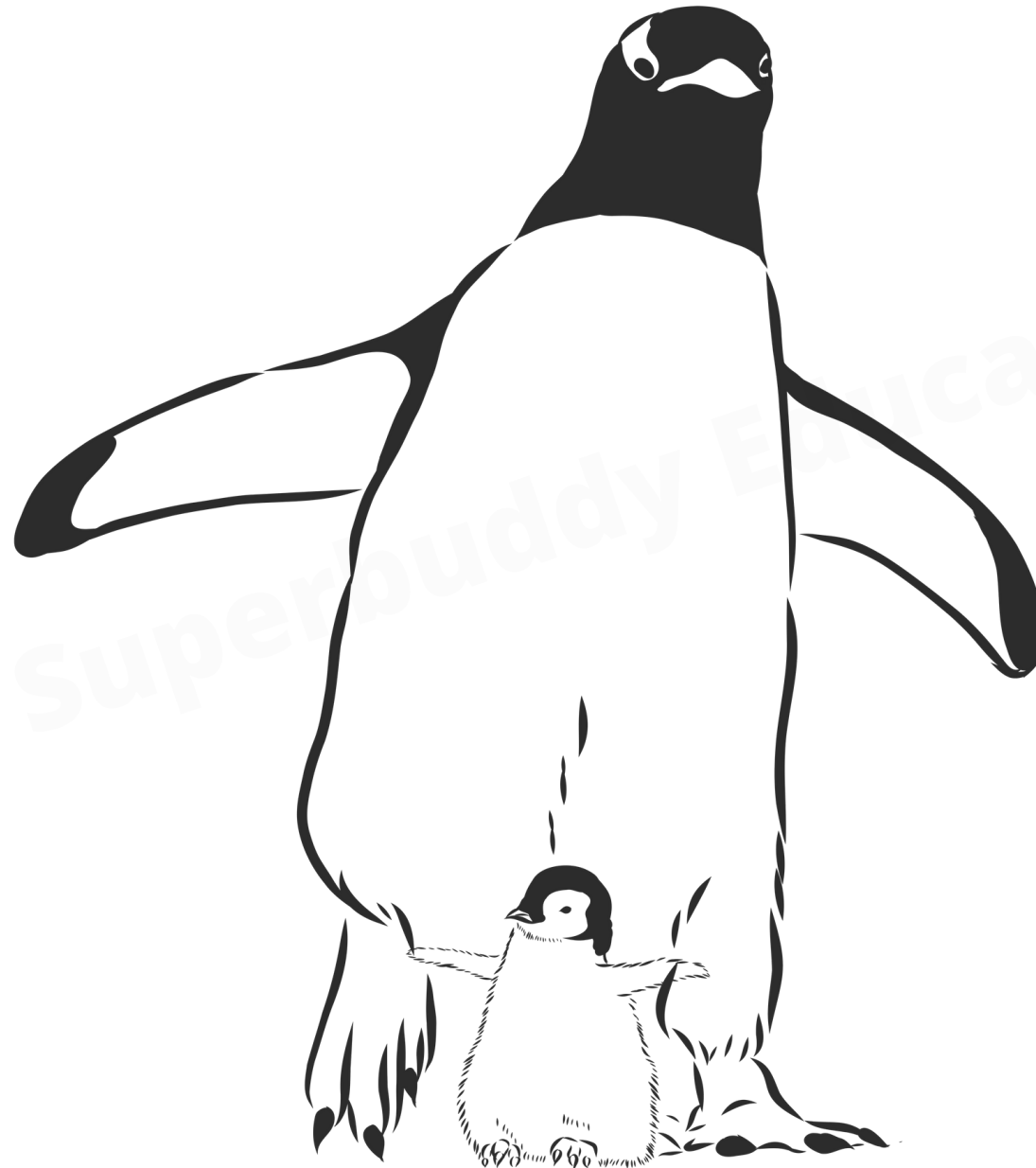
Emotional and Social Explorations



Materials Required	Description	Activity
<p>PreN Printed page of Empire penguin with its chick, crayons/paints and brush</p>	<p>On day 3 the learners explore how families of different species live? How similar or different they are from humans with focus on the role of fathers in the animal world. Like humans, some animal species take up the responsibility of rearing their offspring rather seriously. Animals like Mountain Gorilla, Wolf, Emperor Penguin, Flamingo, Seahorse and Eagle owl. In their unique ways they help in birthing, hatching, hunting for food and making a nest for their babies. Most of the birds (85%) both mother and father equally contribute in building nests, feeding and guarding the offspring.</p>	<p>PreN Father Emperor Penguin Craft</p> <p>The teacher shares the most amazing fact about the emperor penguin father. The job of keeping the eggs warm in the freezing temperatures of Antarctica is performed by the penguin father. The incubating period is of two months, and the penguin father does not eat anything during this period keeping the eggs secure and warm in his legs. The teacher provides learners with a drawing sheet of Empire Penguin with its chick to colour or paint using materials of their choice.</p> 

Day 3


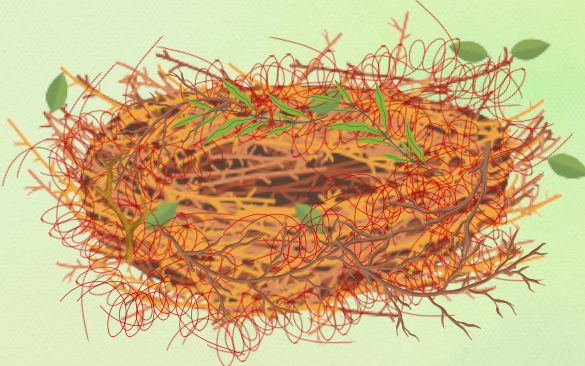
Emotional and Social Explorations



Day 3

Emotional and Social Explorations


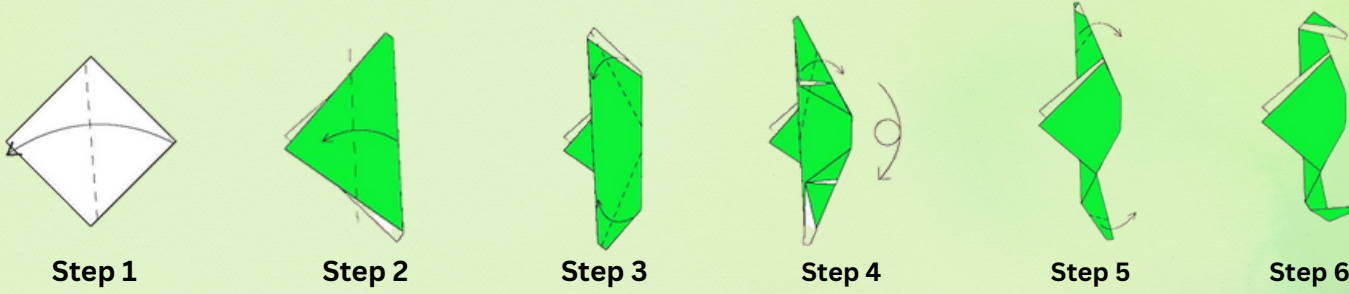


Materials Required	Description	Activity
<p>Nursery Soft twigs, roots, wool, hair, cotton wool.</p>	<p>In the animal kingdom mothers are known for protectiveness and close connection with her calf whereas fathers take care of the responsibility of hunting and providing food till they grow up. For each learning level a father from a species is picked and a related activity is designed.</p> 	<p>Nursery Making a Robin bird's nest</p> <p>In birds it is the job of some male birds to build a nest. The Robin birds make the most colourful and attractive nests for their babies. They construct their nests with soft twigs, roots, wool, hair and cotton wool on the lower branches of a tree. The teacher provides learners with these materials and invites them to build a bird nest creatively.</p> 

Day 3

Emotional and Social Explorations




Materials Required	Description	Activity
<p>KG Colour paper.</p>	<p>The teacher begins by sharing some age-appropriate facts related to fathers from the animal world, based on the responses of children establishes their existing knowledge and invites them for the corresponding activity.</p> 	<p>KG Making Seahorse Craft</p> <p>To begin with, the teacher shares unique information about seahorses. Unlike most mothers who carry their child in their womb or lay eggs in seahorses, the mother lays eggs in the father's brooding pouch that is in the front part of the dad seahorse. The father stores these eggs till the time they are ready to be hatched. The process of giving birth can last for several days when the babies leave the pouch and enter the sea world. From here the teacher invites children to make a seahorse using origami paper art. She shows them how to make it following the given instructions. Refer to the illustration.</p>  <p style="text-align: center;"> Step 1 Step 2 Step 3 Step 4 Step 5 Step 6 </p>

Day 4

Special food for Father's Day




Materials Required	Description	Activity
<p>Cucumber, fruits/fresh green leafy vegetables, honey, poppy seeds, salt, pepper and toothpick.</p>	<p>For day four the children from all learning levels prepare this refreshing snack, and learn to make it for their fathers on Father's Day!</p> <p>In school the children prepare it, eat together and sing Father's Day songs such as this one:</p> <p><i>Dashing and daring that's my dad</i> <i>Funny and clever that's my dad</i> <i>You are my hero, my super man!</i> <i>You care and you share</i> <i>You are kind and you are fair</i> <i>Mom and you make a lovely pair.</i> <i>I want to sing this today and everyday</i> <i>Let me say, let me say</i> <i>A very happy father's day!</i></p> <p>For more such rhymes click at the link: https://www.superbuddy.in/superbuddy-quest-of-the-day-father</p> <p>Note: The teacher makes sure that no child is allergic to the ingredients being used for this activity.</p>	<p>Recipe of Cucumber Rolls: Keep cucumber thin horizontal slices ready. Spread a thin slice of cucumber, place cucumber, fruits or any other fresh green leafy vegetable chunks on top of it. Sprinkle a little honey, poppy seeds, salt and pepper on the chunks. Slowly twirl the cucumber slice finally and insert a toothpick in the middle to hold the roll. Encourage the learners to try the same recipe at home and serve it to their father.</p> 

Day 5

Father and Child Activities




Materials Required	Description	Activity
	<p>On day five the school organises a Father-Child Day with a variety of games and athletic play. Play plays a vital role in a child's overall development. While playing, children use their imagination and creativity that develops a variety of life skills, along with enhancing the complex socio-emotional skills. Some fun games planned for fathers and children are a great opportunity to foster learning while playing. Many fathers get less time to spend with their children so this also offers a great bonding exercise.</p> <p>A few games are proposed here, teachers can add more as per their requirement and interest of children.</p> <p>Later children present their fathers the greeting card they have prepared on Day one to show their love and gratitude for their fathers.</p>	<p>Father and Child Walk This is a pair activity. Draw four tracks in an open space. Show the pair to stand at the beginning line, with the child standing on the feet of his/her father. The child secures his/her position by clasping their hands with their fathers. The fathers walk with their children towards the finish line without tripping or dropping the child.</p> 

Day 5

Father and Child Activities

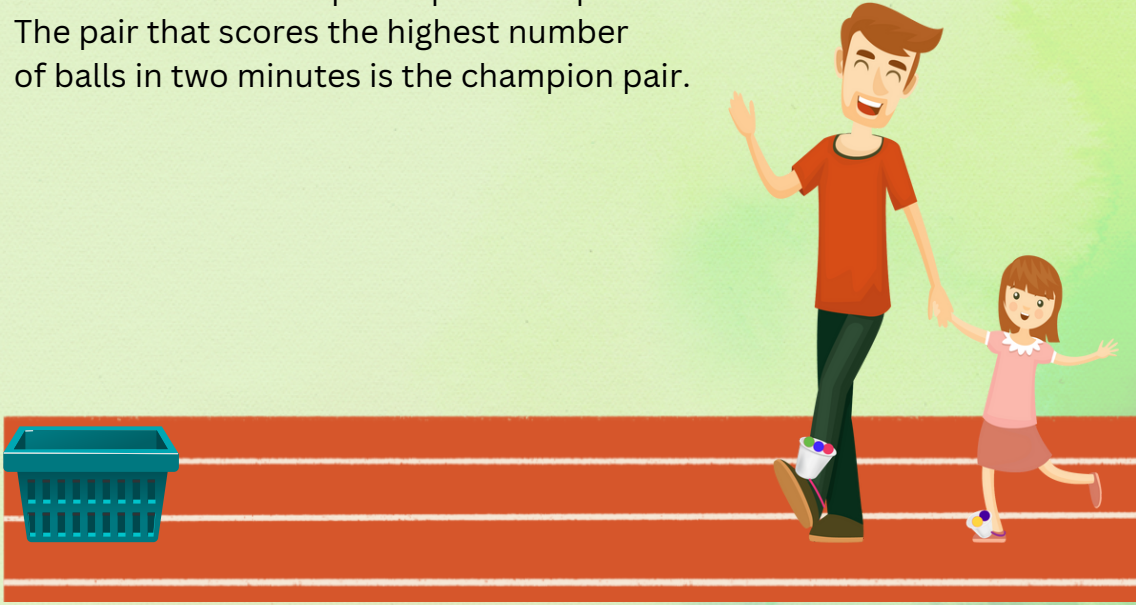


Materials Required	Description	Activity
<p>Yoga mat</p>	<p>On day five the school organises a Father-Child Day with a variety of games and athletic play. Play plays a vital role in a child's overall development. While playing, children use their imagination and creativity that develops a variety of life skills, along with enhancing the complex socio-emotional skills. Some fun games planned for fathers and children are a great opportunity to foster learning while playing. Many fathers get less time to spend with their children so this also offers a great bonding exercise.</p> <p>A few games are proposed here, teachers can add more as per their requirement and interest of children. Later children present their fathers the greeting card they have prepared on Day one to show their love and gratitude for their fathers.</p>	<p>Push ups challenge</p> <p>This one is a power packed activity. Spread some yoga mats on the floor. Invite the fathers to warm up a little before starting the challenge. The challenge is to do the highest number of push ups with your child on your back. The time limit for one round is one minute.</p> 

Day 5

Father and Child Activities



Materials Required	Description	Activity
<p>Baskets, cup, small balls and thread.</p>	<p>A few games are proposed here, teachers can add more as per their requirement and interest of children.</p> <p>Later children present their fathers the greeting card they have prepared on Day one to show their love and gratitude for their fathers.</p>	<p>Filling the basket with dad</p> <p>This one is a strategy game.</p> <p>The materials are provided by the school.</p> <p>The track is prepared with two baskets at both ends of the track, one empty and one with some small balls.</p> <p>A paper cup facing upwards is tied on the foot of the participants. The challenge is to pick a ball inside the cup, run along the track to the other end with the empty basket, drop the ball inside the basket without touching the ball and run back for another ball.</p> <p>The father and child participate as a pair.</p> <p>The pair that scores the highest number of balls in two minutes is the champion pair.</p> 



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